



# MSU Extension Online Resources for Our Northern Michigan Community

**MSU Extension Remote Learning & Resources Website - [Click Here!](#)**

## ONLINE PROGRAMMING:

**Local Lawn & Garden Q&A**  
*Every Wednesday, 11am-1pm*  
*(see page 2 for details)*

[Building Early Emotional Skills](#)

[Summer Online Food Preservation Series](#)

[Social Media for Business](#)

[Diabetes PATH Series](#)

[Summer Fun Food Series](#)

[ABC's of Early Literacy](#)

[Food Safety Q&A](#)  
*Upcoming: Drying & Storing Herbs*

**For Youth:**  
[Zipping Around the Zoos](#)

[Padawan Training Club](#)

[Cue the Monarchs](#)

[USA Road Trip!](#)

[Fun & Learning on Thursdays](#)

[Junk Drawer Robotics](#)

**For Older Youth:**  
[Teen Spokesperson Virtual Camp](#)

[Adulting 101: Credit, Money, Job Success, Mindfulness, Nutrition](#)

[Healthy Snacking](#)

[Summer Movie Series](#)

[Life of the Straights 2020](#)

## **Health, Wellness & Relationships**

For months we've been reading warnings that the coronavirus pandemic could make us lonely. But now researchers have [good news](#)

Balance is about navigating your daily life - [10 way to bring balance](#)

Monitoring our [mental health](#) during the COVID-19 pandemic

Managing Farm Stress: [Working women](#) - the backbone of family farms

## **Food & Nutrition**

Summery fresh and so easy to make - [Black Bean Corn Salad](#)

Check out the [MI Health Matters](#) YouTube channel for recipe and physical activity videos

A new Home Food Preservation Series is starting soon - [Register now!](#)

[Is this food still good?](#) Know if food in your pantry is still safe.

Make sure you are storing your produce [in the proper place](#)

[Budget-friendly foods](#) to keep in your home

## **Youth Wellness & Learning**

Your weekly dose of fun and learning! [Online learning for youth](#)

Is your high school youth not quite sure what career path to take? Explore a variety of exciting [Undergrad Majors](#) and find one that fits!

[Project F.I.S.H. videos](#): beginner casting, making spinner and hanger hooks, pop can reels, and more!

Do you know the proper serving sizes for your child?

[Ages 1-2](#)

[Ages 3-5](#)

[Ages 6-12 & 13-18](#)

## **Community Resources**

How to start a successful [food business](#) in Michigan

Be careful what you flush! [Things to consider](#)

New, free [poison ivy bulletin](#) available for ID, control and more

## **Connect online for more programs and resources**

MSU Extension [Online Events Schedule](#)

Grand Traverse County MSU Extension [Website](#) & [FaceBook Page](#)



**LAWN & GARDEN Q&A**  
with Extension Master Gardeners  
& Dr. Nate Walton  
Every Wednesday  
11am - 1pm  
live via Zoom

MICHIGAN STATE UNIVERSITY EXTENSION



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**[Connect here!](#)**

